

SMART

Sleep Referral

Fax completed form
to 1-888-269-7892

We will help you book a sleep study timely and at a suitable sleep clinic - call us at 905-409-0688

Sleep Study Only Consult Only Sleep Study and Consult (only if abnormal)

Referral Date: _____

PATIENT INFORMATION

Name: _____

DOB: _____ Gender: F M

Height: _____ Weight: _____

Address: _____

Phone #: _____

HIN: _____

REFERRING PHYSICIAN'S INFORMATION

Name: _____

Phone #: _____

Fax #: _____

Address: _____

Billing #: _____

Signature: _____

SIGNS & SYMPTOMS

- | | | |
|---|--|--|
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Frequent Awakenings |
| <input type="checkbox"/> Witnessed Apnea | <input type="checkbox"/> Restless Leg Syndrome | <input type="checkbox"/> Chronic Fatigue |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Periodic Limb Movement Disorder | <input type="checkbox"/> Shift Work |
| <input type="checkbox"/> Morning Headaches | <input type="checkbox"/> Non-Restorative Sleep | <input type="checkbox"/> Cataplexy |
| <input type="checkbox"/> Sleepwalking/Nightmares | Other: _____ | |

MEDICAL HISTORY

- | | | | | | |
|---------------------------------------|-------------------------------------|---|--|--|------------------------------------|
| <input type="checkbox"/> MI / CAD | <input type="checkbox"/> Asthma | <input type="checkbox"/> COPD | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> CHF | <input type="checkbox"/> Traumatic Brain Injury | <input type="checkbox"/> Lyme Disease | <input type="checkbox"/> PTSD | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> MVA Accident | <input type="checkbox"/> Cancer | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Seizures | <input type="checkbox"/> OCD | <input type="checkbox"/> IBS |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> Bruxism | <input type="checkbox"/> Mood Disorder | <input type="checkbox"/> GERD |

Other: _____

Current Medication: _____

Allergies: NKA NKDA _____

OTHER MEDICAL HISTORY

Is The Patient On Oxygen? No Yes L/Minute _____ Night-time Only Day and Night

Is The Patient On CPAP? No Yes cm H₂O _____

IMPORTANT: Has the Patient Undergone a Sleep Study Previously? No Yes

If Yes, Please Specify Date Of Sleep Study: _____

Special Needs: Communication Hearing Mobility Other: _____